



Week 1

5th Sept, 26th Sept, 17th Oct, 31st Oct, 21st Nov, 12th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken & Leek Pie	Mild Chicken Tikka Masala	Roast Gammon, Yorkies, & Stuffing	Beef Tacos & Trimmings	Battered Pollock or Salmon Fish Cakes
Vegetarian	Vegetable Sausage Toad in the Hole	Cheese & Red Onion Frittata	Mushroom & Vegetable Pancake	Kung Po Butternut Squash	Quorn & Leek Pasty
Side	Mashed Potato	Steamed Rice	Roast Potatoes	Vegetable Rice	Oven Fries
Vegetable	Roast Carrots	Bombay Vegetables	Broccoli & Carrots	Sweet Corn	Baked Beans or Peas
Dessert	Super Raspberry Jelly	Cherry Shortcake	Golden Syrup Sponge & Custard	Very Berry Muffin	Oat & Sultana Cookie

Week 2

12th Sept, 3rd Oct, 7th Nov, 28th Nov, 19th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Lasagne	Chicken in Black Bean Sauce	Roast Turkey, Yorkies, & Stuffing	Pulled Pork in a Brioche Bun	Meat Feast Pizza
Vegetarian	Mushroom, Tomato, Basil Pasta	Mexican Bean Burritos	Sweet Potato & Red Onion Twist	Arrabiata & Quorn Pasta	Margarita Pizza
Side	Garlic & Rosemary Bread	Special Rice	Roast Potatoes	Potato Wedges	Oven Fries
Vegetable	Broccoli	Stir Fry Vegetables	Roast Root Vegetables	B.B.Q. Beans	Baked Beans
Dessert	Banana Flapjack	Chocolate Cracknel	Sticky Citrus Sponge & Custard	Key Lime Pie	Melting Moment Biscuits

Week 3

19th Sept, 10th Oct, 14th Nov, 5th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Cottage Pie	Sausage Wellington	Roast Pork, Yorkies & Stuffing	Cajun Chicken in a Bun	Battered Pollock or Salmon Fishcakes
Vegetarian	Sweet Potato & Cheddar Filo Parcels	Roast Vegetable Aubergine Cannelloni	Cheddar Broccoli Wellington	Grilled Halloumi Burger	Mushroom & Vegetable Burger
Side	Wholemeal Cheese & Onion Bread	Mashed Parsley Potato	Roast Potatoes	Paprika Wedges	Oven Fries
Vegetable	Garden Peas	Honey Roast Parsnips	Cauliflower & Carrots	Corn & Sweet Peppers	Peas or Baked Beans
Dessert	Super Fruit Salad	Jack Browns	Apple & Blackberry Crumble & Custard	Granola Toffee Yogurt	Honeybee Sundae

Available Every Day

Salad Bar
Home Baked Breads

Home Made Soup
Jacket Potatoes

Fresh Fruit Basket
Natural Yoghurt
'Build Your Own Bar'

Additional Information

- All our fish is from sustainable stocks and is M.S.C. approved.
 - All our meat is from a local butcher and is sourced within Northamptonshire.
- We operate a 'Stealthy Eating Policy' where all our dishes include fruit or vegetables.
- Meals are charged @ £2.30 per day (including main meal, side, vegetable, dessert and a glass of water). Please pay for meals in advance via www.parentpay.com using your log in details.
 - All our food is prepared daily from fresh produce in our own kitchen, it allows us to adapt to the needs of all our young people's diet. We actively encourage them to try new foods as this forms part of their education and on-going life experience.
 - If you have any questions, have problems logging in or require any further information, please contact the school office on 01604 714098.