















BREAKFAST 4 WEEK ROTA

Monday	Tuesday	Wednesday	Thursday	Friday
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<b>Week 1</b> Cereal and Toast 	Cereal, Toast, Crumpets 	Cereal, Toast, Fruit Salad 	Cereal, Toast, Tea cakes or fruit bread 	Cereal, Toast, Bacon Bap 
<b>Week 2</b> Cereal and Toast 	Cereal, Toast, Crumpets 	Cereal, Toast, Fruit Salad 	Cereal, Toast, Tea cakes or fruit bread 	Cereal, Beans on Toast 
<b>Week 3</b> Cereal and Toast 	Cereal, Toast, Crumpets 	Cereal, Toast, Fruit Salad 	Cereal, Toast, Tea cakes or fruit bread 	Cereal, Sausage in a Roll 
<b>Week 4</b> Cereal and Toast 	Cereal, Toast, Crumpets 	Cereal, Toast, Fruit Salad 	Cereal, Toast, Tea cakes or fruit bread 	Cereal, Toast, Sliced cheese, meat and fresh loaf 