



Week 1

4th Jan, 22nd Jan, 19th Feb, 12th March,
17th April, 7th May, 4th June, 25th June, 16th July

Week 2

8th Jan, 29th Jan, 26th Feb, 19th March, 23rd April,
14th May, 11th June, 2nd July

Week 3

15th Jan, 5th Feb, 5th Mar, 26th Mar, 30th Apr, 21st
May, 18th June, 9th July

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Bolognaise	Chicken Korma	Roast Pork, Yorkies, & Stuffing	BBQ Chicken Wrap	Fish or Fish Cake
Vegetarian	Vegetable Mousaka	3-Bean Quesadilla	Cheese & Sweet Potato Roulade	Mac N' Cheese	Quornish Pasty
Side	Penne Pasta	Steamed Rice	Roast Potatoes	Potato Planters	Oven Fries
Vegetable	Olive Bread	Sautéed Green Veg	Broccoli & Carrots	Sweet Corn	Mushy Peas/ Baked Beans
Dessert	Double Orange Jelly	Gluten Free Lemon Cake	Bread & Butter Pudding & Custard	Skinny Blueberry Muffin	Super Sundae

Monday	Tuesday	Wednesday	Thursday	Friday
Toad in the Hole & Onion Gravy	Sweet & Sour Pork, Prawn Crackers	Roast Turkey, Yorkies, & Stuffing	Southern Chicken in a Bun	Meat Feast Pizza
Vegetable Cassoulet	Hoi Sin Vegetable Pancake	Cheese & Broccoli Frittata	Quorn Tikka Wrap	Margarita Pizza
Herby Diced Potatoes	Noodles	Roast Potatoes	Potato Wedges	Oven Chips
Broccoli	Wok Fried Greens	Roast Root Vegetables	Sweet Corn	BBQ Beans
Super Fruit Flapjack	Coconut & Lime Drizzle	Jam Sponge & Custard	Gluten Free Berry Cake	Chocolate & Beetroot Brownie

Monday	Tuesday	Wednesday	Thursday	Friday
Beef & Vegetable Pie	Meatballs In Tomato Sauce	Roast Gammon, Yorkies & Stuffing	Chilli Beef & Nachos	Fish Burger or Fish Cake
Polenta & Sicilian Tomato Sauce	Roast Vegetable Skewer	Vegetable Tagine & Cous Cous	Chilli Non Carne	Vegetable Hot Dog & Onions
Parsley Baby Potatoes	Penne Pasta	Roast Potatoes	Steamed Rice	Oven Fries
Garden Peas	Roast Courgette	Carrots & Broccoli	Mexican Veg	Peas or Baked Beans
Lemon Yogurt Granola	Gluten Free Sultana Cake	Chocolate Mandarin Cake	Viennese Tart	Ice Cream Bar

Available Every Day

Salad Bar
Home Baked Breads

Home Made Soup
Jacket Potatoes

Fresh Fruit Basket
Natural Yoghurt
'Build Your Own Bar'

Additional Information	<ul style="list-style-type: none"> All our fish is from sustainable stocks and is M.S.C. approved. All our meat is from a local butcher and is sourced within Northamptonshire. <p>We operate a 'Stealthy Eating Policy' where all our dishes include fruit or vegetables.</p> <ul style="list-style-type: none"> Meals are charged @ £2.30 per day (including main meal, side, vegetable, dessert and a glass of water). Please pay for meals in advance via www.parentpay.com using your log in details. All our food is prepared daily from fresh produce in our own kitchen, it allows us to adapt to the needs of all our young people's diet. We actively encourage them to try new foods as this forms part of their education and on-going life experience. If you have any questions, have problems logging in or require any further information, please contact the school office on 01604 714098.
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