



Welcome to issue 55 of the LDPB Newsletter 2017. If you have any articles, adverts, notices and or news that you would like to include in future editions please email:

ldbp@northamptonshire.gov.uk

thanks

Simon Bisgrove

Volunteer Information Assistant



Merry Christmas



&



**A Happy New
Year**



From the LDPB



New Guide

New guide to help you stay safe online is available from Care Management Team and Change.

It is full of important information.

It is available in Easy Read from the CMG [website](#).

Ask, Listen, Do NHS



The NHS would like to hear from families, carers, adults, young people and children with learning disabilities.

The survey can be viewed:
Here for more [information](#).

Or here for [Easy Read](#) version.

young inclusive people club at the pemberton centre

For young people 8 - 25 years living with a disability.
Tuesdays 5.30 - 7pm, cost £3 (parents, carers & siblings free)

Date	Sports Hall	Studio 2 6 - 7	Studio 3 5.30 - 6.15	Function Room
9 Jan	Trampolining Football	Dance	Boccia	Art - Swords
16 Jan	Bubble Football	Dance	Boccia	Art - Pastels
23 Jan	Badminton Cricket	Dance	Boccia	Art - Dinosaur Racers
30 Jan	Trampolining Circus Skills	Dance	Boccia	Art - Scratch Art
6 Feb	Inflatables	Dance	Boccia	Art - Sequin Hearts

Plus weekly activities....pool, football tables... giant lego...
wii games... didicars... soft play...sensory toys

SPIN classes at 5.50 & 6.30 every week
Gym sessions for 11 years and over every week



For more information contact Jackie Ackroyd on 01933 352981
or email Jackie.ackroyd@freedom-leisure.co.uk



www.freedom-leisure.co.uk



multi activity club

at the pemberton centre

Date	Activities
4 January	Archery & Trampolining
11 January	Football
18 January	Archery
25 January	Trampolining
1 February	Archery
8 February	Cricket
15 February	No Session
22 February	Archery
1 March	Football
8 March	Archery & Trampolining
15 March	Cricket
22 March	Archery
29 March	Trampolining
19 April	Club restarts Archery

For more information contact Jackie Ackroyd on 01933 352981
or email Jackie.ackroyd@freedom-leisure.co.uk

